Make Room for What Matters

A gentle weekly plan for fewer priorities and more breathing room.

Week of: _____

Three things that matter this week

Choose what deserves your attention, then name one small next step.

01 My priority

One small next step:

02 My priority

One small next step:

03 My priority

One small next step:

Something I can simplify or leave for later

One thing I want to make time to enjoy

A meaningful week does not need a crowded list.

Free for personal use. Print & enjoy.